



Principal's Newsletter

NOVEMBER, 2006

READY TO LEARN, *Setting up Routines*

Bruce and John are close friends with similar abilities. Bruce does well in school, but John struggles. He often seems tired and misses assignments.

Why the difference? One reason is that Bruce's family establishes daily routines to help him do his best. Consider the routines below to make your child feel more...

Relaxed. Music can help your child avoid the morning rush. Play a soothing tape and ask him to be dressed and ready by the time it's over. *Tip:* On Sundays, have him put each day's outfit for the coming week on

hangers labeled Monday through Friday.

Energized. A good breakfast increases concentration. Offer your youngster healthy choices. *Examples:* a whole-wheat bagel with peanut butter; orange juice blended with fruit and yogurt; instant oatmeal.

Connected. Talking about the school day lets your child know you care. Ask him to share two good things that happened during the day. Prompt him with specific questions, such as "Which multiplication tables did you practice?"

Prepared. Studying a little every day is the best way to learn new material. Help your youngster choose a time for homework when he is most alert—and try not to change it.

Rested. A set bedtime helps kids fall asleep more quickly. Suggest that your child get in bed 15 minutes early to read, make up stories, or talk quietly with you. ♥

FOR THE LOVE OF READING

What's the best way to create a lifelong reader? Answer: Reading together. Reading is free, fun, and will bring you and your child closer. Find a time each day when you and your youngster can get cozy and enjoy a good book.

Here are three tips to help you choose stories:

1. Ask librarians, friends, and teachers for recommendations. *Tip:* If your child doesn't already have a library card, sign her up!

2. Find books that expand your youngster's interests (insects, outer space), deal with an event (a new baby, a visit to the dentist), and build character (friendship, truthfulness).

3. Pick stories for both information and enjoyment. Try real and make-believe stories and poems as well as children's magazines.



BEING GRATEFUL

During this special time of year, we remember those who have helped make our lives a little lighter and brighter. For example, Battlefield Farms donated the beautiful flowers that adorned our building at the beginning of school, and the Deubler family helped make the front of our school more welcoming by planting flowers and shrubs around our sign and in front of the school.

We were happy that many of you were able to join us for our annual Thanksgiving Feast. We value your time and effort!

Of course we want to thank all of our wonderful volunteers including our PTA Board members, Room Mothers, and Project EXCEL tutors among many others. We appreciate you!!

COFFEE AND CONVERSATION WITH Ms. CROTT'S

Please join me on Wednesday, December 6 at 8:00 in the library. I look forward to seeing you!

BREAKFAST BUDDIES NEEDED

LGES is now looking for volunteers who would like to eat breakfast with some of our students. Become a Breakfast Buddy! It only takes 30 minutes to make a difference in a child's life!

Please contact Breakfast Buddies Leader, Carolyn Chewning, at LGES for details. 540-661-4420 ♥

Worth Quoting:
"Be the change that you want to see in the world."

Mahatma Gandhi

EAGLE EVENTS

November 22– 24
Student Holiday, Thanksgiving

UPCOMING EVENTS:
December 2, Saturday
Jingle Bell Shop

December 7, Thursday
Strings Concert, OCHS

December 12, Tuesday
PTA Meeting, 7:00
5th Grade Chorus Concert